**Columbia University**

**Prompt 1:**

Please choose a direct practice example with an individual, group, family and/or community and describe it, disguising names. Your description headings should include:

* **Agency Description**: Precede the example with a brief paragraph describing the agency, its function, and its purpose. In addition, cite the relevant literature.
* **Assessment**: A summary of the essential case data (e.g., age, ethnicity, race, presenting problems, history of problem, coping abilities) presenting your understanding of the client(s) functioning in the situation.
* **Case Plan**: Describe the plan and how it relates to the assessment.
* **Interventions**: Describe and analyze your practice interventions and how they are related to the case plan and/or assessment formulation. An excerpt that demonstrates the process of your work is helpful, since we are most interested in assessing practice skills. For example: skills in interviewing, clarifying, strengthening coping responses, interpreting behavior, brokering, advocating, and developing insight.
* **Evaluation**: Critically analyze the strengths and limitations of your efforts. In hindsight, how might you have intervened differently and why?

Your response to this essay prompt may be longer than 500 words.

**Prompt 2:**

Columbia School of Social Work is committed to becoming an anti-racist institution and we have embarked on the pursuit of an [anti-racism action plan](https://socialwork.columbia.edu/about/dei/cssw-anti-racism-action-plan/) that involves all members of our community. As a potential future member of our community, please describe your commitment to anti-racism and the ways you hope to engage in anti-oppressive actions as a social worker. (500 words max ;please click link above)

**Prompt 3:**

Reflecting upon your decision and motivation to pursue the MSW, describe how attending CSSW will enable you to meet your goals as a social worker. What are your immediate and long-term social work goals? (500 words max)

***This is social work ! Please be personable . I grew up as a CODA- Child of Deaf adults and am interested in Working closely with the deaf community and their needs. I have also served in the US army and have been my unit’s Equal Opportunity Rep and the unit UPL . Please research the Armys UPL and Eo programs to understand what they are and apply it to my paper correctly.***