

Assessment 01 – Health Promotion Plan

For this assessment, plan a hypothetical clinical learning experience focused on health promotion associated with a specific community health concern or health need. Completing this assessment will strengthen your understanding of how to plan and negotiate individual or group participation, and this assessment will also provide the foundation for the implementation of your health promotion educational plan in Assessment 4.

Before you complete the detailed instructions in the courseroom, first review the specific community health concerns or health needs below and select one to be the focus of your assessment. Each of these health concerns has broad implications not only for the individuals directly affected but also for the community at large in terms of healthcare costs, societal well-being, and overall quality of life.

- **Heart Disease:** A range of conditions that affect the heart.
 - **Potential Health Impacts:** Can lead to heart attacks, strokes, and other complications.

- **Mental Illness:** A wide range of mental health conditions that affect mood, thinking, and behavior.
 - **Potential Health Impacts:** Can lead to decreased quality of life, relationship problems, and physical health problems.

- **HIV:** Human Immunodeficiency Virus, which attacks the immune system and can lead to AIDS (Acquired Immunodeficiency Syndrome).
 - **Potential Health Impacts:** Without treatment, can lead to severe illnesses and death.